

# Referencias

- AACAP (2007). Practice parameters for the assessment and treatment of children and adolescent with depressive disorders. *Journal of the American Academy of Child and Adolescent Psychiatry*, 46, 1503-1526.
- Agrawal, A. y Lynskey, M. T. (2009). Correlates of later-onset cannabis use in the National Epidemiological Survey on Alcohol and Related Conditions (NESARC). *Drug and Alcohol Dependence*, 105, 71-75.
- Agrawal, A., Lynskey, M. T., Madden, P. A., Pergadia, M. L., Bucholz, K. K. y Health, A. C. (2009). Simultaneous cannabis and tobacco use and cannabis-related outcomes in young women. *Drug and Alcohol Dependence*, 101, 8-12.
- Agrawal, A., Nurnberger, J. I., The Bipolar Genome Study y Lynskey, M. T. (2011). Cannabis involvement in individuals with bipolar disorder. *Psychiatry Research*, 185, 459-461.
- Akiskal, H. S. (2001). Dysthymia and cyclothymia in psychiatric practice a century after Kraepelin. *Journal of Affective Disorders*, 62, 17-31.
- Akiskal, H. S. (2004). Demystifying borderline personality disorder: Critique of the concept and unorthodox reflections on its natural kinship with the bipolar spectrum. *Acta Psychiatrica Scandinavica*, 110, 401-407.
- Akiskal, H. S. y Akiskal, K. (1992). Cyclothymic, hyperthymic, and depressive temperament as subaffective variants of mood disorders. *American Psychiatric Press Review of Psychiatry*, 11, 43-62.
- Akiskal, H. S., Chen, . E. y Davis, G. C. (1985). Bordeline: An adjective in search of a noun. *Journal of Clinical Psychiatry*, 46, 41-48.
- Akiskal, H. S., Djenderedjian, A., Rosenthal, R. y Khani, M. (1977). Cyclothymic disorder: Validating criteria for inclusion in the bipolar affective group. *American Journal of Psychiatry*, 134, 1227-1233.
- Álvarez, M. J., Roura, P., Osés, A., Foquet, Q., Solá, J. y Arrufat, F. X. (2011). Prevalence and clinical impact of childhood trauma in patients with severe mental disorders. *Journal of Nervous and Mental Disorders*, 199, 155-161.
- Alloy, L. B., Abramson, L. Y., Smith, J. M., Gibb, B. E. y Neeren, A. M. (2006). Role of parenting and maltreatment histories in unipolar and bipolar mood disorders: Mediation by cognitive vulnerability to depression. *Clinical Child and Family Psychology Review*, 9, 23-64.

## 2 | Trastorno Bipolar

- American Psychiatric Association [APA] (2000). *Diagnostic and statistical manual of mental disorders* (4th ed.,). Washington, D. C.: American Psychiatric Association (traducción castellana en Barcelona: Masson, 2001).
- American Psychiatric Association (2002). Practice guideline for the treatment of patients with bipolar disorder. *American Journal of Psychiatry*, 159 (Supl. 4), 1-50.
- American Psychiatric Association [APA] (2004). *Diagnostic and statistical manual of mental disorders* (4th ed., revised text). Washington, D. C.: American Psychiatric Association (traducción castellana en Barcelona: Masson, 2005).
- American Psychiatric Association [APA] (2013). *Diagnostic and statistical manual of mental disorders, DSM-5*. Washington, D. C.: American Psychiatric Association.
- Angst, J. y Gamma, A. (2002). A new bipolar spectrum concept: A brief review. *Bipolar Disorders*, 4, 11-14.
- Angst, J. (1998). The emerging epidemiology of hypomania and bipolar II disorder. *Journal of Affective Disorders*, 50, 143-151
- Angst, J., Gamma, A., Benazzi, F., Ajdacic, V., Eich, D. y Rossler, W. (2003). Toward a redefinition of subthreshold bipolarity: Epidemiology and proposed criteria for bipolar-II, minor bipolar disorders and hypomania. *Journal of Affective Disorders*, 73, 133-146.
- Axelson, D., Birmaher, B., Strober, M., Gil, M. K., Valeri, S., Chiappetta, L., ... Keller, M. (2006). Phenomenology of children and adolescents with bipolar spectrum disorders. *Archives of General Psychiatry*, 63, 1139-1148.
- Azorin, J.-M., Kaladjian, A., Adida, M., Hantouche, E. G., Hameg, A., Lancrenon, S. y Akiskal, H. S. (2009). Psychopathological correlates of lifetime anxiety comorbidity in bipolar I patients: Findings from a French national cohort. *Pyschopathology*, 42, 380-386.
- Baethge, C., Tondo, L., Lepri, B. y Baldessarini, R. J. (2009). Coffee and cigarette use: Association with suicidal acts in 352 Sardinian bipolar disorder patients. *Bipolar Disorders*, 11, 494-503.
- Balbul, F., Copoglu, U. S., Alpak, G., Unal, A., Demir, B., Tastan, M. F. y Savass, H. A. (2013). Electroconvulsive therapy in pregnant patients. *General Hospital Psychiatry*, epub.
- Baldessarini, R. J., Vazquez, G. y Tondo, L. (2011). Treatment of ciclotimic disorder: Commentary. *Psychotherapy and Psychosomatics*, 80, 131-135.
- Barbini, B., Benedetti, F., Colombo, C., Dotoli, D., Bernassoni, A., Cigala-Fulsosi, M., Florita, M. y Smeraldi, E. (2005). Dark therapy for mania: A pilot study. *Bipolar Disorders*, 7, 98-101.
- Barlow, D. H., Bullis, J. R., Comer, J. S. y Ametaj, A. (2013). Evidence-based psychological treatments: An update and a way forward. *Annual Review of Clinical Psychology*, 9, 1-27.

- Barlow, D. H., Ellard, K. K., Fairholme, C. P., Farchione, T. J., Boisseau, C. L., Allen, L. B. y Ehrenreich-May, J. T. (2010). *Unified protocol for the transdiagnostic treatment of emotional disorders: Workbook*. Nueva York, NY: Oxford University Press.
- Barnett, J. H. y Smoller, J. W. (2009). The genetics of bipolar disorder. *Neuroscience*, 164, 331-342.
- Bauer, M., Glenn, T., Aida, M., Andreassen, O. A., Ardau, R., Bellivier, F., ... Whybrow, P.C. (2012). Impact of sunlight on the age of onset of bipolar disorder. *Bipolar Disorders*, 14, 645-663.
- Bassett, D. (2012). Borderline personality disorder and bipolar affective disorder. Spectra or spectre? A review. *Australian & New Zealand Journal of Psychiatry*, 46, 327-339.
- Bech, P., Rafaelsen, O. J., Kramp, P. y Bolwig, T. G. (1995). The Mania Rating Scale construction and interobserver agreement. *Neuropharmacology*, 1, 430-431.
- Beck, A.T., Rush, A.J., Shaw, B.F. y Emery, G. (1979). *Cognitive therapy of depression*. Nueva York, NY: Guildford Press (tras. cast., Bilbao: Desclée de Brouwer, 1983).
- Beck, A. T., Steer, R. A. y Brown, G. K. (1996). *BDI-II. Beck Depression Inventory. Second Edition. Manual*. San Antonio, TX: The Psychological Corporation.
- Beck, J. S. (2011). *Terapia cognitiva. Conceptos básicos y profundización*. Barcelona: Gedisa.
- Beigel, A., Murphy, D. y Burney, W. E. (1971). The Manic State Rating Scale: Scale construction, reliability, and validity. *Archives of General Psychiatry*, 25, 256-262.
- Becoña, E. (2008). Terapia de solución de problemas. En F. J. Labrador (Ed.), *Técnicas de modificación de conducta* (pp. 461-482). Madrid: Pirámide.
- Becoña, E. (Coord) (2010). *Dependencia del tabaco. Manual de casos clínicos*. Madrid: Sociedad Española de Psicología Clínica, Legal y Forense.
- Becoña, E. y Lorenzo, M. C. (2003). Guía de tratamientos eficaces para el trastorno bipolar. En M. Alvarez, J. R. Fernández, C. Fernández e I. Amigo (Eds.), *Guía de tratamientos psicológicos eficaces. I. Adultos* (pp. 197-233). Madrid: Pirámide.
- Ben-Porath, Y. S. y Tellegen, A. (2009). *MMPI-2-RF. Inventario Multifásico de Personalidad de Minnesota-2 Reestructurado. Manual..* Madrid: Tea Ediciones.
- Berk, M., Brnabic, A., Dodd, S., Kelin, K., Tohen, M., Malhi, G. S., ... McGorry, P. D. (2011). Does stage of illness impact treatment response in bipolar disorder? Empirical treatment data and their implications for the staging model and early intervention. *Bipolar Disorders*, 13, 87-98.

## 4 | Trastorno Bipolar

- Berk, M., Ng, F., Wang, W. V., Tohen, M., Lubman, D. I., Vieta, E. y Dodd, S. (2008). Going up in smoke: Tobacco smoking is associated with worse treatment outcomes in mania. *Journal of Affective Disorders*, 110, 126-134.
- Blackburn, I. M., Loudon, J. B. y Ashworth, C. M. (1977). A new scale for measuring mania. *Psychological Medicine*, 7, 453-458.
- Bloom, J. M., Woodward, E. N., Susmaras, T. y Pantalone, D. W. (2012). Use of dialectical behavior therapy in inpatient treatment of borderline personality disorder: A systematic review. *Psychiatric Services*, 63, 881-888.
- Bouwkamp, C. G., de Kruiff, M. E., van Troost, T. M., Snippe, D., Blom, M. J., de Winter, R. F. y Haffmans, J. (2013). Interpersonal and social rhythm group therapy for patients with bipolar disorder. *International Journal of Group Psychotherapy*, 63, 97-115.
- Braga, R. J., Burdick, K. E., DeRosse, P. y Malhotra, A. K. (2012). Cognitive and clinical outcomes associated with cannabis use in patients with bipolar I disorder. *Psychiatry Research*, 200, 242-245.
- Brieger, P. y Marneros, A. (1977). Dysthymia and cyclothymia: Historical origins and contemporary development. *Journal of Affective Disorders*, 45, 117-126.
- Bretzke, E., Moreira, C. L., Toniolo, R. A. y Lafer, B. (2011). Clinical correlates of eating disorder comorbidity in women with bipolar disorder type I. *Journal of Affective Disorders*, 130, 162-165.
- Browden, C. L. y Singh, V. (2005). Long term management of bipolar disorder. En T. A. Ketter (Ed.), *Advances in the treatment of bipolar disorder*. Washington, DC: American Psychiatric Press.
- Buceta, J. M. y Bueno, A. (2000). Tratamiento psicológico del insomnio. En J. M. Buceta, A. M. Bueno y B. Mas (Eds.), *Intervención psicológica en trastornos de salud* (pp. 211-244). Madrid: Dykinson.
- Caballo, V. E., Gracia, A., López-Gollonet, C. y Bautista, R. (2004). El trastorno límite de la personalidad. En V. E. Caballo (Coord.), *Manual de trastornos de la personalidad: descripción, evaluación y tratamiento* (pp. 137-160). Madrid: Síntesis.
- Caldera, K. M., Arria, A. M., O'Grady, K. E., Vincent, K. B. y Wish, E. D. (2008). The occurrence of cannabis use disorders and other cannabis-related problems among first-year college students. *Addictive Behaviors*, 33, 397-411.
- Cardoso, B. M., Kauer, S. M., Dias, V. V., Andreazza, A. C., Cereser, K. M. y Kapczinski, F. (2008). The impact of co-morbid alcohol use in bipolar patients. *Alcohol*, 42, 451-457.
- Carlino, A. R., Stinnett, J. L. y Kim, D. R. (2013). New onset of bipolar disorder in late life. *Psychosomatics*, 54, 94-97.
- Carlson, G. A. y Glovinsky, I. (2009). The concept of bipolar disorder in children: A history of the bipolar controversy. *Child and Adolescent Psychiatry of North America*, 18, 257-271.

- CCSA (2009). *Concurrent disorders. Substance abuse in Canada*. Ontario, Canadá: Canadian Centre on Substance Abuse.
- Clodfelter, R. y McDowell, D. M. (2001). Bipolar disorder and substance abuse: Considerations of etiology, comorbidity, evaluation, and treatment. *Psychiatric Annals*, 31, 294-299.
- Cirillo, P. C., Passos, R. B. F., Bevilaqua, M. C. N., López, J. R. y Nardi, A. E. (2012). Bipolar disorder and premenstrual syndrome or premenstrual dysphoric disorder comorbidity: A systematic review. *Revista Brasileira de Psiquiatria*, 34, 467-479.
- Clarkin, J.F., Carpenter, D., Hull, J., Wilner, P. y Glick, I. (1998). Effects of psychoeducational intervention for married patients with bipolar disorder and their spouses. *Psychiatric Services*, 49, 531-533.
- Clarkin, J.F., Glick, I.D., Haas, G.L., Spencer, J.H., Lewis, A.B., Peyser, J., ... Lestelle, V. (1990). A randomized clinical trial of inpatient family intervention: V. Results for affective disorders. *Journal of Affective Disorders*, 18, 17-28.
- Clarkin, J. F., Haas, G. L. y Glick, I. D. (Eds.) (1988). *Affective disorders and the family: Assessment and treatment*. Nueva York, NY: Guilford Press.
- Cleck, J. N. y Blendy, J. A. (2008). Making a bad thing worse: Adverse effects of stress on drug addiction. *Journal of Clinical Investigation*, 118, 454-461.
- Colom, F. y Vieta, E. (2004). *Manual de psicoeducación para el trastorno bipolar*. Barcelona: Ars Médica.
- Colom, F. y Vieta (2008). *De la euforia a la tristeza*. Madrid: La Esfera de los Libros.
- Colom, F., Vieta, E., Martínez-Arán, A., Reinares, M., Goikolea, J. M., Benabarre, A., ... Corominas, J. (2003). A randomized trial on the efficacy of group psychoeducation in the prophylaxis of recurrences in bipolar patients whose disease is in remission. *Archives of General Psychiatry*, 60, 402-407.
- Colom, F., Vieta, E., Sánchez-Moreno, J., Palomino-Otiniano, R., Reinares, M., Goikolea, J. M., ... Martínez-Arán, A. (2009). Group psychoeducation for stabilized bipolar disorders: 5-year outcome of a randomised clinical trial. *British Journal of Psychiatry*, 194, 260-265.
- Correll, C. U. (2007). Weigh gain and metabolic effects of mood stabilizers and antipsychotic in pediatric bipolar disorder: A systematic review and pooled analysis of short-term trials. *Journal of the American Academy of Child and Adolescence Psychiatry*, 62, 107-114.
- Craddock, N. y Sklar, P. (2013). Genetics of bipolar disorder. *Lancet*, 381, 1654-1662.
- Craighead, W. W., Miklowitz, D. J., Vajk, F. C. y Frank, E. (1998). Psychosocial treatments for bipolar disorder. En P. E. Nathan y J. M. Gorman (Eds.), *A guide to treatments that work* (pp. 240-248). Nueva York, NY: Oxford University Press.

- Craighead, W. W., Miklowitz, D. J., Vajk, F. C. y Frank, E. (2002). Psychosocial treatments for bipolar disorder. En P. E. Nathan y J. M. Gorman (Eds.), *A guide to treatments that work* (2nd, pp. 263-275). Nueva York, NY: Oxford University Press.
- de Graaf, R., Radovanovic, M., van Laar, M., Fairman, B., Degenhardt, L., Aguiar-Gaxiola, S., ... Anthony, J. C. (2010) Early cannabis use and estimated risk of later onset of depression spells: Epidemiologic evidence from the population-based World Health Organization World Mental Health Survey Initiative. *American Journal of Epidemiology*, 172, 149-159.
- de Hert, M., Wampers, M., Jendricko, T., Franic, T., Vidovic, D., de Vriendt, N., ..., van Winkel, R. (2011). Effects of cannabis use on age at onset in schizophrenia and bipolar disorder. *Schizophrenia Research*, 126, 270-276.
- Degenhardt, L., Hall, W. y Lynskey, M. (2001). The relationship between cannabis use, depression and anxiety among Australian adults: Findings from the National Survey of Mental Health and Well-Being. *Social Psychiatry and Psychiatric Epidemiology*, 36, 219-227.
- Deltito, J., Martin, L., Riefkohl, J., Austria, B., Kissilenko, A. y Corless, C.M. (2001). Do patients with borderline personality disorders belong to the bipolar spectrum? *Journal of Affective Disorders*, 67, 221-228.
- Dell'Osso, B., Buoli, M., Bortolussi, S., Camuri, G., Vecchi, V. y Altamura, A. C. (2011). Patterns of axis I comorbidity in relation to age in patients with bipolar disorder: A cross-sectional analysis. *Journal of Affective Disorders*, 130, 318-322.
- Derogatis, L. R. (2002). *Cuestionario de 90 Síntomas. Revisado, SCL-90-R*. Madrid: TEA.
- Dervaux, A. y Laqueille, X. (2009). Antidepressant treatment and smoking cessation in bipolar disorder. *JAMA*, 301, 2093.
- Diaz, F. J., James, D., Botts, S., Maw, L., Susce, M. T. y de Leon, J. (2009). Tobacco smoking behaviors in bipolar disorder: A comparison of the general population, schizophrenia, and major depression. *Bipolar Disorders*, 11, 154-165.
- Dickerson, F., Stallings, C. R., Origoni, A. E., Vaughan, C., Khushalani, S., Schroeder, J. y Yolken, R. H. (2013). Cigarette smoking among persons with schizophrenia or bipolar disorder in routine clinical settings, 1999-2011. *Psychiatric Services*, 64, 44-50.
- Diéguez, M., González, F. y Fernández Liria, A. (2012). *Terapia interpersonal*. Madrid: Síntesis.
- Dierker, L. C., Rose, J. S., Donny, E. y Tiffany, S. (2011). Alcohol use as a signal for sensitivity to nicotine dependence among recent onset smokers. *Addictive Behaviors*, 36, 421-426.
- Di Nicola, M., Tedeschi, D., Mazza, M., Martionotti, G., Harnic, D., Catalano, V., ... Janiri, L. (2010). Behavioral addictions in bipolar disorder patients:

- Role of impulsivity and personality dimensions. *Journal of Affective Disorders*, 125, 82-88.
- Dilsaver, S. C., Benazzi, F., Akiskal, K. K. y Akiskal, H. S. (2008). Differential patterns of lifetime multiple anxiety disorder comorbidity between Latino adults with bipolar I and major depressive disorders. *Bulletin of the Menninger Clinic*, 72, 130-148.
- Ehlers, C. L., Frank, F. y Kupfer, D. J. (1988). Social zeitgebers and biological rhythms: A unified approach to understanding the etiology of depression. *Archives of General Psychiatry*, 45, 948-952.
- El-Mallakh, R. S. y Hollifield, M. (2008). Comorbid anxiety in bipolar disorder alters treatment and prognosis. *Psychiatry Quarterly*, 79, 139-150.
- El-Mallakh, R. S. y Karipott, A. (2006). Chronic depression in bipolar disorder. *American Journal of Psychiatry*, 163, 1337-1341.
- Ellard, K. K., Deckersbach, T., Sylvia, L. G., Nierenberg, A. A. y Barlow, D. H. (2012). Transdiagnostic treatment of bipolar disorder and comorbid anxiety with the unified protocol: A clinical replication series. *Behavior Modification*, 36, 482-508.
- Eyer, F., Pfab, R., Felgenhauer, N., Lutz, J., Heemann, U., Steimer, ... Zilker, T. (2006). Lithium poisoning: Pharmacokinetics and clearance during different therapeutic measures. *Journal of Clinical Psychopharmacology*, 26, 325-330.
- Fajutrao, L., Locklear, J., Priaulx, J. y Heyes, A. (2009). A systematic review of the evidence of the burden of bipolar disorder in Europe. *Clinical Practice and Epidemiology in Mental Health*, 5, 1-8.
- Farchione, T. J., Fairholme, C. P., Ellard, K. K., Boisseau, C. L., Thompson-Hollands, J., Carl, J. R., ... Barlow, D. H. (2012). Unified protocol for trans-diagnostic treatment of emotional disorders: A randomized controlled trial. *Behavior Therapy*, 43, 666-678.
- Farren, C. K., Huill, K. P. y Weiss, R. D. (2012). Bipolar disorder and alcohol use disorder: A review. *Current Psychiatry Reports*, 14, 659-666.
- Fazel, S., Lichtenstein, P., Grann, M., Goodwin, G.M. y Langstrom, N. (2010). Bipolar disorder and violent crime. *Archives of General Psychiatry*, 67, 931-938.
- Ferrari, A. J., Baxter, A. J. y Whiteford, H. A. (2011). A systematic review of the global distribution and availability of prevalence data for bipolar disorder. *Journal of Affective Disorders*, 134, 1-13.
- First, M. B., Spitzer, R. L., Gibbson, M. y Williams, J. B. W. (1998a). *SCID-I. Guía del usuario de la entrevista clínica estructurada para los trastornos del eje I del DSM-IV*. Barcelona: Masson.
- First, M. B., Spitzer, R. L., Gibbson, M. y Williams, J. B. W. (1998b). *SCID-II. Guía del usuario de la entrevista clínica estructurada para los trastornos de personalidad del eje II del DSM-IV*. Barcelona: Masson.

- Ford, J. D., Gelernter, J., DeVoe, J. S., Zhang, W., Weiss, R. D., Brady, K., ... Kranzler, H. R. (2009). Association of psychiatric and substance use disorder comorbidity with cocaine dependence severity and treatment utilization in cocaine-dependent individuals. *Drug and Alcohol Dependence*, 99, 193-203.
- Fountoulakis, K. N., Grunze, H., Panagiotidis, P. y Kaprinis, G. (2008). Treatment of bipolar depression; An update. *Journal of Affective Disorders*, 109, 21-34.
- Fountoulakis, K. N., Kontis, D., Gonda, X. y Yatham, L. N. (2013). A systematic review of the evidence on the treatment of rapid cycling bipolar disorder. *Bipolar Disorders*, 15, 115-137.
- Frank, E. (2005). *Treating bipolar disorder: A clinician's guide to interpersonal and social rhythm therapy*. Nueva York, NY: Guilford Press.
- Frank, E., Kupfer, D. J., Ehlers, C. L., Monk, T. H. Cornes, C., Carter, S. y Frankel, D. (1994). Interpersonal and social rhythm therapy for bipolar disorder: Integrating interpersonal and behavioral approaches. *The Behavior Therapist*, 17, 143-149
- Frank, E., Kupfer, D. J., Thase, M. E., Mallinger, A. G., Swartz, H. A., Fariolini, A. M., ... Monk, T. (2005). Two-year outcomes for interpersonal and social rhythm therapy in individuals with bipolar I disorder. *Archives of General Psychiatry*, 62, 996-1004.
- Frank, E., Swartz, H. A. y Kupfer, D. J. (2000). Interpersonal and social rhythm therapy: Managing the chaos of bipolar disorder. *Biological Psychiatry*, 48, 593-604.
- Frank, E., Swartz, H. A., Mallinger, A. G., Thase, M. E., Weaver, E. V. y Kupfer, D. J. (1999). Adjunctive psychotherapy for bipolar disorder: Effects of changing treatment modality. *Journal of Abnormal Psychology*, 108, 579-587.
- Frank, E., Soreca, I., Swartz, H. A., Fagiolini, A. M., Mallinger, A. G., Thase, M. E., ... Kupfer, D. J. (2008). The role of interpersonal and social rhythm therapy in improving occupational functioning in patients with bipolar disorder. *American Journal of Psychiatry*, 165, 1559-1565.
- Frank, E. y Thase, M. E. (1999). Natural history and preventative treatment of recurrent mood disorders. *Annual Review of Medicine*, 50, 453-468.
- Freeeman, M. P., Freeman, S. A. y McElroy, S. L. (2002). The comorbidity of bipolar and anxiety disorders: Prevalence, psychobiology, and treatment issues. *Journal of Affective Disorders*, 68, 1-23.
- Friedorowicz, J. G., Palagummi, N. M., Forman-Hoffman, V. L., Miller, D. D. y Hayner, W. G. (2008). Elevated prevalence of obesity, metabolic syndrome, and cardiovascular risk factors in bipolar disorder. *Annals of Clinical Psychiatry*, 20, 131-137.
- Gao, K., Tolliver, B. K., Kemp, D. E., Ganocy, S. J., Bilali, S., Brady, K., ... Calabrese, J. R. (2009). Correlates of historical suicide attempt in rapid-

- cycling bipolar disorder: A cross-sectional assessment. *Journal of Clinical Psychiatry*, 70, 1032-1040.
- García, A. (2004). El tratamiento del trastorno límite de la personalidad por medio de la terapia dialéctica conductual. En V. Caballo (Ed.), *Manual de trastornos de la personalidad. Descripción, evaluación y tratamiento* (pp. 483-512). Madrid: Síntesis.
- Garno, J. L., Goldberg, J. F., Ramirez, P. M. y Ritzler, B. A. (2005). Impact of childhood abuse on the clinical course of bipolar disorder. *British Journal of Psychiatry*, 186, 121-125.
- Geddes, J. R. y Miklowitz, D. J. (2013). Treatment of bipolar disorder. *Lancet*, 381, 1672-1682.
- Geller, B., Zimmerman, B., Williams, M. Bolhofner, K., Craney, J., DellBello, M. P. y Soutullo, C. A. (2000). Diagnostic characteristics of 93 cases of a prepuberal and early adolescent bipolar disorder phenotype by gender, puberty and comorbid attention deficit hyperactivity disorder. *Journal of Child and Adolescent Psychopharmacology*, 10, 157-164.
- Geller, B., Bolhofner, K., Craney, J. L., Williams, M., DellBello, M. P. y Gundersen, K. (2000). Psychosocial functioning in a prepubertal and early adolescent bipolar disorder phenotype. *Journal of the Academy of Child and Adolescent Psychiatry*, 39, 1543-1548.
- Ghaemi, S. N., Ko, J. Y. y Goodwin, F. I. (2002). "Cade's disease" and beyond: Misdiagnosis, antidepressant use, and a proposed definition for bipolar spectrum disorder. *Canadian Journal of Psychiatry*, 47, 125-134.
- Ghaemi, N. S., Miller, C. J., Berv, D. A., Klugman, J., Rosenquist, K. J. y Pies, R. W. (2005). Sensitivity and specificity of a new bipolar spectrum diagnostic scale. *Journal of Affective Disorders*, 84, 273-277.
- Ghaemi, S. N., Hsu, D. J., Soldani, F. y Goodwin, F. K. (2003). Antidepressants in bipolar disorder: The case for caution. *Bipolar Disorders*, 5, 421-433.
- George, T. P., Wu, B. S.. y Weinbergr, A. H. (2012). A review of smoking cessation in bipolar disorder: Implications for future research. *Journal of Dual Diagnosis*, 8, 126-130.
- Goldberg, J. F. (2001). Bipolar disorder with comorbid substance abuse: Diagnosis, prognosis, and treatment. *Journal of Psychiatric Practice*, 7, 109-122.
- Goldberg, J. F. y Garno, J. L. (2009). Age at onset of bipolar disorder and risk for comorbid borerline personality disorder. *Bipolar Disorder*, 11, 205-208.
- Goldstein, B. I. y Birmaher, B. (2012). Prevalence, clinical presentation and differential diagnosis of pediatric bipolar disorder. *Israel Journal of Psychiatry and Related Sciences*, 49, 3-14.
- Goldstein, B. I., Birmaher, B., Axelson, D., Ryanb, N. D., Strober, M. A., Gill, M. K., ... Keller, M. (2005). History of suicide attempts in pediatric bipolar disorder: Factors associated with increased risk. *Bipolar Disorders*, 7, 525-535.

- Goldstein, B. I., Birmaher, B., Axelson, D. A., Goldstein, T. R., Esposito-Smythers, C., Strober, M. A., ... Keller, M. B. (2008). Significance of cigarette smoking among youths with bipolar disorder. *American Journal of Addictions*, 17, 364-371.
- González, S., Artal, J., Gómez, E., Caballero, P., Mayoral, J., Moreno, J., ... Vázquez-Barquero, J. L. (2012). Early intervention in bipolar disorder: The Jano program at Hospital Universitario Marqués de Valdecilla. *Actas Españolas de Psiquiatría*, 40, 51-56.
- González-Isasi, A. (2011). *Trastorno bipolar: el enemigo invisible. Manual de tratamiento psicológico*. Bilbao: Desclée de Brouwer.
- González-Isasi, A., Echeburúa, E., Limiñana, J. M. y González-Pinto, A. (2012). How effective is a psychological intervention program for patients with refractory bipolar disorder? A randomized controlled trial. *Journal of Affective Disorders*, 126, 80-87.
- González-Isasi, A., Echeburúa, E., Limiñana, J. M. y González-Pinto, A. (2012). Psychoeducation and cognitive-behavioral therapy for patients with refractory bipolar disorder: A 5-year controlled clinical trial. *European Psychiatry*, epub.
- González-Isasi, A., Echeburúa, E., Mosquera, F., Ibáñez, B., Aizpuru, F. y González-Pinto, A. (2010). Long-term efficacy of psychological intervention program for patients with refractory bipolar disorder: A pilot study. *Psychiatry Research*, 176, 161-165.
- González de Rivera, J. L. (2002). *SCL-90-R. Cuestionario de 90 síntomas*. Adaptación española: Madrid. TEA.
- Goodwin, F. K. y Jamison, K. R. (1990). *Manic-depressive illness*. Nueva York, NY: Oxford University Press.
- Goodwin, F. K. y Jamison, K. R. (2007). *Manic-depressive illness: Bipolar disorders and recurrent depression*. Nueva York, NY: Oxford University Press.
- Grupo de Trabajo de la Guía de Práctica Clínica sobre Trastorno Bipolar (2012). *Guía de práctica clínica sobre trastorno bipolar*. Madrid: Ministerio de Sanidad, Servicios Sociales e Igualdad. Universidad de Alcalá. Asociación Española de Neuropsiquiatría.
- Hakkaart-van Roijen, L., Hoeijenbos, M. B., Regeer, E. J., ten Have, M., Nolen, W. A., Veraart, C. P. W. M. y Rutten, F. F. H. (2004). The societal costs and quality of life of patients suffering from bipolar disorder in the Netherlands. *Acta Psychiatrica Scandinavica*, 110, 383-392.
- Hamilton, M. (1967). Development of a rating scale for primary depression illness. *British Journal of Social and Clinical Psychology*, 6, 278-296.
- Hamilton, M. (1976). Comparative value of rating scales. *British Journal of Clinical Pharmacology*, 3 (Supl. 1), 58-60.
- Haas, G. L., Glick, I. D., Clarkin, J. F., Spencer, J. H., Lewis, A. B., Peyser, J., ... Lestelle, V. (1988). Inpatient family intervention. II. Results at hospital

- discharge. *Archives of General Psychiatry*, 45, 217-224.
- Haslemo, T., Eikeseth, P. H., Tanun, L., Molden, E. y Fefsum, H. (2006). The effect of variable cigarette consumption on the interaction with clozapine and olanzapine. *European Journal of Pharmacology*, 62, 1049-1053.
- Heffner, J. L., DelBello, M. P., Anthenelli, R. M., Fleck, D. E., Adler, C. M. y Strakowski, S. M. (2012). Cigarette smoking and its relationship to mood disorder symptoms and co-occurring alcohol and cannabis use disorders following first hospitalization for bipolar disorder. *Bipolar Disorders*, 14, 99-108.
- Heffner, J. L., Strawn, J. R., DelBello, M.P., Strakowski, S. M. y Anthenelli, R. M. (2011). The co-occurrence of cigarette smoking and bipolar disorder: Phenomenology and treatment considerations. *Bipolar Disorders*, 13, 439-453.
- Hirschfeld, R. M. A., Bowden, C. L., Gitlin, M. J., Keck, P. E., Perlis, P. E., Suppes, T., ... Wagner, K. E. (2002). Practice guideline for the treatment of patients with bipolar disorder (Revision). *American Journal of Psychiatry*, 159 (Supl. 4), 1-50.
- Hirschfeld, R. M., Williams, J. B., Spitzer, R. L., Calabrese, J. R., Flynn, L., Keck, J. P. E., ... Zajecka, J. (2000). Development and validation of a screening instrument for bipolar spectrum disorder: the Mood Disorder Questionnaire. *American Journal of Psychiatry*, 157, 1873-1875.
- Hlastala, S. A., Kotler, J. S., McClellan, J. M. y McCauley, E. A. (2010). Interpersonal and social rhythm therapy for adolescents with bipolar disorder: Treatment development and results from an open trial. *Depression and Anxiety*, 27, 457-464.
- Hoertel, N., Le Strat, Y., Angst, J. y Dubertret, C. (2013). Subthreshold bipolar disorder in a U.S. national representative sample: Prevalence, correlates and perspectives for psychiatric nosography. *Journal of Affective Disorders*, 146, 338-347.
- Iskandar, J. W., Griffeth, B. y Sharma, T. (2011). Marijuana-induced mania in a healthy adolescent: A case report. *General Hospital Psychiatry*, 33, 640.e3-640.e4.
- Judd, L. L. y Akiskal, H. S. (2003). The prevalence and disability of bipolar spectrum disorder in the US population: Re-analysis of the ECA database taking into account subthreshold cases. *Journal of Affective Disorders*, 73, 123-131.
- Judd, L. L., Akiskal, H. S., Schettler, P. J., Endicott, J., Maser, J., Solomon, D. A., ... Keller, M. B. (2002). The long-term natural history of the weekly symptomatic status of bipolar I disorder. *Archives of General Psychiatry*, 59, 530-537.
- Jain, S., Chawla, J. M., Theethira, T. G., Strassnig, M. y Chenappa, K. N. R. (2008). Changes in cigarette consumption in psychiatric patients: Impact on side-effects or the efficacy of clozapine and olanzapine. *Acta Neuropsychiatrica*, 20, 324-326.

- Kales, H. C. (2007). Medical comorbidity in late-life bipolar disorders. En M. Sajatovic y F. C. Blow (Eds.), *Bipolar disorder in later life* (pp. 162-181). Baltimore, MD: Johns Hopkins University Press.
- Kanter, J. W., Busch, A. M. y Rusch, L. C. (2009). *Activación conductual. Re-fuerzos positivos ante la depresión*. Madrid: Alianza Editorial.
- Karaahmet, E., Konuk, N., Dalkilic, A., Saraci, O., Atasoy, N., Kurcer, M. A. y Atik, L. (2013). The comorbidity of adult attention-deficit/hyperactivity disorder in bipolar disorder patients. *Comprehensive Psychiatry*, 54, 549-555.
- Kawa, I., Carter, J. D., Joyce, P. R., Doughty, C. J., Frampton, C. M., Wells, J. E., ... Olds, R. J. (2005). Gender differences in bipolar disorder: Age of onset, course, comorbidity, and symptom presentation. *Bipolar Disorders*, 7, 119-125.
- Keck, P. E. y McElroy, S. L. (2007). Pharmacological treatments for bipolar disorder. En P. E. Nathan y J. M. Gorman (Eds.), *A guide to treatments that work* (3rd. ed., pp. 323-350). Oxford, RU: Oxford University Press.
- Kessler, R. C., Avenevoli, S., Green, J., Gruber, M. J., Guver, M., He, Y., ... Zaslavsky, A. M. (2009). National comorbidity survey replication adolescent supplement (NCS-A): III. Concordance of DSM-IV/CIDI diagnoses with clinical reassessments. *Journal of the American Academy of Child and Adolescent Psychiatry*, 48, 386-399.
- Kessler, R. C., Crum, R. M., Warner, L. A., Nelson, C. B., Schulenberg, J. y Anthony, J. C. (1997). Lifetime co-occurrence of DSM-III-R alcohol abuse and dependence with other psychiatric disorders in the National Comorbidity Survey. *Archives of General Psychiatry*, 54, 313-321.
- Koob, G. F. (2008). A role for brain stress system in addiction. *Neuron*, 59, 11-34.
- Kowatch, R. A., Youngstrom, E. A., Danielyan, A. y Findling, R. L. (2005). Review and meta-analysis of the phenomenology and clinical characteristics of mania in children and adolescents. *Bipolar Disorders*, 7, 483-496.
- Kupfer, D. J. y Frank, E. (1997). Forty years of lithium treatment (commentary). *Archives of General Psychiatry*, 54, 14-15.
- Kupfer, D. J., Frank, E., Grochocinski, V. J., Cluss, P. A., Houck, P. R. y Staff, D. A. (2002). Demographic and clinical characteristics of individuals in a bipolar disorder case registry. *Journal of Clinical Psychiatry*, 63, 120-125.
- Kupka, R. W., Altshuler, L. L., Nolen, W. A., Suppes, T., Luckenbaugh, D. A., Leverich, G. S., ... Post, R. M. (2007). Three times more days depressed than manic or hypomanic in both bipolar I and bipolar II disorder. *Bipolar Disorders*, 9, 531-535.
- Laidlaw, K., Thompson, L. W., Gallager-Thompson, D. y Dick-Siskin, L. (2004). *Cognitive behavior therapy with older adults*. Nueva York, NY: John Wiley and Sons.

- Lam, D. H., Bright, J., Jones, S., Hayward, P., Schuck, N., Chisholm, D. y Sham, P. (2000). Cognitive therapy for bipolar illness. A pilot study of relapse prevention. *Cognitive Therapy and Research, 24*, 503-520.
- Lam, D. H., Hayward, P., Watkins, E. R., Wright, K. y Sham, P. (2005). Relapse prevention in patients with bipolar disorder: Cognitive therapy outcome after 2 years. *American Journal of Psychiatry, 162*, 324-329.
- Lam, D. H., Jones, S. H., Hayward, P. y Bright, J. A. (1999). *Cognitive therapy for bipolar disorder. A therapist's guide to concepts, methods and practice.* Chichester, RU: Wiley.
- Lam, D. H., Watkins, E. R., Hayward, P., Bright, J., Wright, K., Kerr, N., ... Sham, P. (2003). A randomized controlled study of cognitive therapy for relapse prevention for bipolar affective disorder. *Archives of General Psychiatry, 60*, 145-152.
- Langerber, T. V., Sundet, K., Aminoff, S. R., Berg, A. O., Ringer, P. A., Andreassen, O. A. y Melle, I. (2011). Excessive cannabis use is associated with earlier age at onset in bipolar disorder. *European Archives of Psychiatry and Clinical Neuroscience, 261*, 397-405.
- Lazaratou, H. (2012). Attention-deficit hyperactivity disorder or bipolar disorder in childhood? *Psychiatrike, 23*, 304-313.
- Leão, I. A. y Del Porto, J. A. (2012). Cross validation with the mood disorder questionnaire (MDQ) of an instrument for the detection of hypomania in Brazil: The 32 item hypomania symptom check-list, first Revision (HCI-32-R1). *Journal of Affective Disorders, 140*, 215-221.
- Leboyer, M., Henry C., Paillere-Martinot, M. L. y Bellivier, F. (2005). Age at onset in bipolar affective disorders: A review. *Bipolar Disorders, 7*, 111-116.
- Leclerc, E., Mansur, R. B. y Brietzke, E. (2013). Determinants of adherence to treatment in bipolar disorder: A comprehensive review. *Journal of Affective Disorders, 149*, 247-252.
- Lee, D., Cha, B., Park, C., Kim, B., Lee, C. y Lee, S. (2013). Usefulness of the combined application of the Mood Disorder Questionnaire and Bipolar Spectrum Diagnostic Scale in screening for bipolar disorder. *Comprehensive Psychiatry, 54*, 334-340.
- Lev-Ran, S., Le Foll, B., McKenzie, K., George, T. P. y Rehm, J. (2013a). Bipolar disorder and co-occurring cannabis use disorders: Characteristics, comorbidities and clinical correlates. *Psychiatry Research, 209*, 459-465.
- Lev-Ran, S., Le Foll, B., McKenzie, K., George, T. P. y Rehm, J. (2013b). Cannabis use and cannabis use disorders among individuals with mental illness. *Comprehensive Psychiatry, 589*-598.
- Leverich, G. S. y Post, R. M. (2006). Course of bipolar illness after history of childhood trauma. *Lancet, 367*, 1040-1042
- Lieberman, D. Z., Swayze, S. y Goodwin, F. K. (2011). An automated internet application to help patients with bipolar disorder track social rhythm stabilization. *Psychiatric Services, 62*, 1267-1269.

- Linehan, M. M. (1993). *Cognitive-behavioral treatment of borderline personality disorders*. Nueva York, NY: Guilford Press (traducción en Barcelona: Paidós, 2003).
- Lingam, R. y Scott, L. R. (2002). Treatment non-adherence in affective disorders. *Acta Psychiatrica Scandinavica*, 105, 164-172.
- Lolich, M., Vázquez, G. H., Alvarez, L. M. y Tamayo, J. M. (2012). Psychosocial interventions in bipolar disorder: A review. *Actas Españolas de Psiquiatría*, 40, 84-92.
- López-Ortiz, C., Roncero, C., Miquel, L. y Casas, M. (2011). Fumar en las psicosis afectivas: revisión sobre el consumo de nicotina en el trastorno bipolar y esquizoafectivo. *Adicciones*, 23, 65-75.
- Loranger, A. W. (1995). *International Personality Disorder Examination* (IPDE). Geneve: World Health Organization.
- Llavona, L. M. (2008). Entrevista. En F. J. Labrador (Ed.), *Técnicas de modificación de conducta* (pp. 103-120). Madrid: Pirámide.
- Maniglio, R. T. (2013). Prevalence of child sexual abuse among adults and youths with bipolar disorder: A systematic review. *Clinical Psychology Review*, 33, 561-573.
- Maremmani, I., Pacini, M., Perugi, G., Deltito, J. y Akiskal, H. (2008). Cocaine abuse and the bipolar spectrum in 1090 heroin addicts: Clinical observations and a proposed pathophysiologic model. *Journal of Affective Disorders*, 106, 55-61.
- Maremmani, I., Perugi, G., Rovai, L., Maremmani, A. G. I., Pacini, M., Cannico, P. L.,... Akiskal, H. S. (2011). Are "social drugs" (tobacco, coffee and chocolate) related to the bipolar spectrum? *Journal of Affective Disorders*, 133, 227-233.
- Maremmani, I., Perugi, G., Pacini, M. y Akiskal, H. S. (2006). Toward a unitary perspective on the bipolar spectrum and substance abuse: Opiate addiction as a paradigm. *Journal of Affective Disorders*, 93, 1-12.
- McDonald, J. L. y Meyer, T. D. (2012). Self-report reasons for alcohol use in bipolar disorders: Why drink despite the potential risks? *Clinical Psychology and Psychotherapy*, 18, 418-425.
- Mackinaw-Koons, B. y Fristad, M. A. (2004). Children with bipolar disorder: How to break down barriers and work effectively together. *Professional Psychology: Research and Practice*, 35, 481-484.
- Malhi, G. S., Bargh, D. M., McIntyre, R., Gitlin, M., Frye, M. A., Bauer, M. y Berk, M. (2012a). Balanced efficacy, safety, and tolerability recommendations for the clinical management of bipolar disorder. *Bipolar Disorders*, 14 (Supl. 2), 1-21.
- Malhi, G. S., Bargh, D. M., Cashman, E., Frye, M. A. y Gitlin, M. (2012b). The clinical management of bipolar disorder complexity using a stratified model. *Bipolar Disorders*, 14 (Supl. 2), 66-89.

- Mayfield, D., McLeod, G. y Hall, P. (1974). The CAGE questionnaire: Validation of a new alcoholism screening instrument. *American Journal of Psychiatry, 131*, 1121-1123.
- McElroy, S. L., Frye, M. A., Hellemann, G., Altshuler, L., Leverich, G.S., Suppes, T., ... Post, R. M. (2011). Prevalence and correlates of eating disorders in 875 patients with bipolar disorder. *Journal of Affective Disorders, 128*, 191-198.
- Meador, K. J., Baker, G. A., Browning, N. and NEAD Study Group (2009). Cognitive function at 3 years of age after fetal exposure to antiepileptic drugs. *New England Journal of Medicine, 360*, 1597-1605.
- Meares, R., Gerull, F., Stevenson, J. y Korner, A. (2011). Is self disturbance the core of borderline personality disorder? An outcome study of borderline personality factors. *Australian and New Zealand Journal of Psychiatry, 45*, 214-222.
- Meinhard, N., Kessing, L. V. y Vinberg, M. (2013). The role of estrogen in bipolar disorder, a review. *Nordic Journal of Psychiatry*, epub.
- Merikangas, K. R., Akiskal, H. S., Angst, J., Grrenberg, P. E., Hirschfeld, R. M. A., Petukkova, M. y Kessler, R. C. (2007). Lifetime and 12-month prevalence of bipolar spectrum disorder in the National Comorbidity Survey Replication. *Archives of General Psychiatry, 64*, 543-552.
- Mick, J. y Fararone, S. V. (2009). Family and genetic association studies of bipolar disorder in children. *Child and Adolescent Psychiatric Clinic of North America, 18*, 441-453.
- Miklowitz, D. J. (2004). *El trastorno bipolar. Una guía práctica para familias y pacientes*. Barcelona: Paidós.
- Miklowitz, D. J. (2004). The role of family systems in severe and recurrent psychiatric disorders: A developmental psychopathology view. *Development and Psychopathology, 16*, 667-688.
- Miklowitz, D. J. (2007). The role of the family in the course and treatment of bipolar disorder. *Current Directions in Psychology Science, 16*, 192-196.
- Miklowitz, D. J. (2008) Adjunctive psychotherapy for bipolar disorder: State of the evidence. *American Journal of Psychiatry, 165*, 1408-1419.
- Miklowitz, D. J. (2009). Pharmacological and psychosocial treatments for bipolar disorder. En I. H. Gotlib y C. L. Hammen (Eds.), *Handbook of depression* (2nd, pp. 604-623). Nueva York, NY: Guilford Press.
- Miklowitz, D. J. y Craighead, W. E. (2007). Psychological treatments for bipolar disorder. En P. E. Nathan y J. M. Gorman (Eds.), *A guide to treatments that work* (3rd. ed., pp. 309-322.). Oxford, RU: Oxford University Press.
- Miklowitz, D. J. y George, E. L. (2008). *The bipolar teen*. Nueva York, NY: Guilford Press.
- Miklowitz, D. J. y Goldstein, M. J. (1990). Behavioral family treatment for patients with bipolar affective disorder. *Behavior Modification, 14*, 457-489.

- Miklowitz, D. J. y Goldstein, M. J. (1997). *Bipolar disorder: A family-focused treatment approach*. Nueva York, NY: Guilford Press.
- Miklowitz, D. J. y Johnson, S. L. (2006). The psychopathology and treatment of bipolar disorder. *Annual Review of Clinical Psychology*, 2, 199-235.
- Miklowitz, D. J., Simoneau, T. L., George, E. L., Richards, J. A., Kalbag, A., Sachs-Ericsson, N. y Suddath, R. (2000). Family-focused treatment of bipolar disorder: 1-year effects of a psychoeducational program in conjunction with pharmacotherapy. *Biological Psychiatry*, 48, 582-592.
- Miklowitz, D. J., Schneck, C. D., Sing, M., Taylor, D. O., George E. L., Cosgrove, V. E., ... Chang, K.D. (2013). Early intervention for symptomatic youth at risk for bipolar disorder: A randomized trial of family-focused therapy. *Journal of the American Academy of Child and Adolescent Psychiatry*, 52, 121-131.
- Millon, T. y Davis, R. (1998). *Trastornos de la personalidad: Más allá del DSM-IV*. Barcelona: Masson.
- Mineur, Y. S. y Picciotto, M. R. (2009). Biological basis for the co-morbidity between smoking and mood disorders. *Journal of Dual Diagnosis*, 5, 122-130.
- Mitchel, P. B., Slade, T., Andrews, G. (2004). Twelve-month prevalence and disability of DSM-IV bipolar disorder in a Australian general population survey. *Psychological Medicine*, 34, 777-785.
- Monti, P. M., Kadden, R. M., Rohsenow, D. J., Cooney, N. L. y Abrams, D. B. (2002). *Treating alcohol dependence. A coping skills training guide*. Nueva York, NY: Guilford Press.
- Morin, C. M., Bootzin, R. R., Buysese, D. J., Edinger, J. D., Espie, C. A. y Lichstein, K. L. (2006). Psychological and behavioral treatment of insomnia: Update of the recent evidence (1998-2004). *Sleep*, 29, 1398-1414.
- Müller-Oerlinghausen, B., Berghöfer, A. y Bauer, M. (2002). Bipolar disorder. *Lancet*, 359, 241-247.
- Munk-Olsen, T., Laursen, T. M., Pedersen, C. B., Mors, O. y Mortensen, P. B. (2006). New parents and mental disorders: A population-based register study. *JAMA*, 296, 2582-2589.
- Muñoz, M., Roa, A., Pérez, E., Santos-Olmo, A. B. y de Vicente, A. (2002). *Instrumentos de evaluación en salud mental*. Madrid: Pirámide.
- Musetti, L., Del Grande, C., Marazziti, D. y Dell'Osso, L. (2013). Treatment of bipolar depression. *CNS Spectrum*, 18, 177-187.
- Nadkarni, B. B. y Fristad, M. A. (2010) Clinical course of children with a depressive spectrum disorder and transient manic symptoms. *Bipolar Disorders*, 2010, 12, 494-503.
- Newman, C. F., Leahy, R. L., Beck, A. T., Reilly-Harrington, N. S. y Gyulai, L. (2002). *Bipolar disorder. A cognitive therapy approach*. Washington, DC: American Psychological Association.

- Nieva, G., Gual, A., Ortega, L. y Mondón, S. (2004). Alcohol y tabaco. *Adicciones, 16* (Sup. 2), 191-199.
- NICE (2006). *Bipolar disorder. The management of bipolar disorder in adults, children and adolescents, in primary and secondary care*. London: National Institute for Health and Clinical Excellence.
- Ogawa, N. y Ueki, H. (2003). Secondary mania caused by caffeine. *General Hospital Psychiatry, 25*, 136-144.
- Okoli, C. T., Richardson, C. G., Ratner, P. A. y Johnson, J. L. (2008). Adolescent's self-defined tobacco use status, marijuana use, and tobacco dependence. *Addictive Behaviors, 33*, 491-499.
- Organización Mundial de la Salud [OMS] (2002). *CIE-10. Trastornos mentales y del comportamiento. Descripciones clínicas y pautas para el diagnóstico*. Madrid: Meditor.
- Otto, M. W., Simon, N. W., Wisniewski, S. R., Mikowitz, D. J., Kogan, J. N., Reilly-Harrington, N. A., ... STEP-BD Investigators (2006). Prospective 12-month course of bipolar disorder in out-patients with and without comorbid anxiety disorders. *British Journal of Psychiatry, 189*, 20-25.
- Pail, G., Huf, W., Pjrek, E., Winkler, D., Milleit, M., Praschak-Rieder, N. y Kasper, S. (2009). Bright-light therapy in the treatment of mood disorders. *Neuropsychobiology, 64*, 152-162.
- Parikh, S. V., LeBlanc, S. y Ovanessian, M. M. (2010). Advancing bipolar disorder: Key lessons from the systematic treatment enhancement program for bipolar disorder (STEP-BD). *Revue Canadienne de Psychiatrie, 55*, 136-143.
- Parikh, S. V., Zaretsky, A., Beaulieu, S., Yatham, L. N., Young, L. T., Patelis-Siotis, I., ... Streiner, D. L. (2012). A randomized controlled trial of psychoeducation or cognitive-behavioral therapy in bipolar disorder: A Canadian network for mood and anxiety treatments (CANMAT) study. *Journal of Clinical Psychiatry, 73*, 803-810.
- Paris, J. (2007). Why psychiatrist are reluctant to diagnose borderline personality disorder. *Psychiatry, January*, 35-39.
- Paris, J., Gunderson, J. y Weinberg, I. (2007). The interface between borderline personality disorder and bipolar spectrum disorders. *Comprehensive Psychiatry, 48*, 145-154.
- Pérez, M. y García, J. M. (2003). Guía de tratamientos eficaces para la depresión. En M. Alvarez, J. R. Fernández, C. Fernández e I. Amigo (Eds.), *Guía de tratamientos psicológicos eficaces. I. Adultos* (pp. 161-195). Madrid. Pirámide.
- Perich, T., Manicavasagar, V., Mitchell, P. B. y Ball, J. R. (2013). The association between meditation and treatment outcome in mindfulness-based cognitive therapy for bipolar disorder. *Behaviour Research and Therapy, 51*, 338-343.
- Perlis, R. H., Miyahara, S., Marangell, L. B., Wisniowski, S. R., Ostacher, M., DelBello, M. P., ... Nierenberg, A. A. (2004). Long-term implications of early onset in bipolar disorder: Data from the first 1000 participants in the Sys-

- tematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD). *Biology Psychiatry*, 55, 875-881.
- Perry, A., Tarrier, N., Morriss, R. y Limb, K. (1999). Randomised controlled trial of efficacy of teaching patients with bipolar disorder to identify early symptoms of relapse and obtain treatment. *British Medical Journal*, 318, 149-153.
- Perugi, G., Ceraudo, G., Vannucchi, G., Rizzato, S., Toni, C. y Dell'Osso, L. (2012). Attention deficit/hyperactivity disorder symptoms in Italian bipolar adult patients: A preliminary report. *Journal of Affective Disorders*. E pub.
- Pettinati, H. M., O'Brien, C. P. y Dundon, W. D. (2013). Current status of co-occurring mood and substance use disorders: A new therapeutic target. *American Journal of Psychiatry*, 170, 23-30.
- Philips, M. L. y Kupfer, D. (2013). Bipolar disorder diagnosis: Challenges and future directions. *Lancet*, 381, 1663-1671.
- Plante, D. T. y Winkelman, J. W. (2008). Sleep disturbance in bipolar disorder: Therapeutic implications. *American Journal of Psychiatry*, 165, 830-843.
- Poon, S. H., Sim, K., Sum, M. Y., Kuswanto, C. N. y, Baldessarini, R. J. (2012). Evidence-based options for treatment-resistant adult bipolar disorder patients. *Bipolar Disorders*, 14, 573-584.
- Post, R. M. y Leverich, G. S. (2006). The role of psychosocial stress in the onset and progression of bipolar disorder and its comorbidities: The need for earlier and alternative models of therapeutic interventions. *Developmental Psychopathology*, 18, 1181-1211.
- Post, R. M. y Leverich, G. S. (2008). *Treatment of bipolar illness: A case book for clinicians and patient*. Nueva York, NY: Norton.
- Post, R. M., Luckenbaugh, D. A., Leverich, G. S., Althuler, L. L., Frye, M. A., Suppes, T., ... Walden, J. (2008). Incidence of childhood-onset bipolar illness in the USA and Europe. *British Journal of Psychiatry*, 192, 150-151.
- Post, R. M. y Miklowitz, D. J. (2010). The role of stress in the onset, course, and progression of bipolar illness and its comorbidities. En D. J. Miklowitz y D. Cicchetti (Eds.), *Understanding bipolar disorder. A developmental psychopathology perspective* (pp. 370-413). Nueva York, NY: Guilford Press.
- Price, A. L. y Marzani-Nissen, G. R. (2012). Bipolar disorder: A review. *American Family Physician*, 85, 483-493..
- Proudfoot, J., Doran, J., Manicavasagar, V. y Parker, G. (2011). The precipitants of manic/hypomanic episodes in the context of bipolar disorder: A review. *Journal of Affective Disorders*, 133, 381-387.
- Provencher, M. D., Guimond, A-J. y Hawke, L. D. (2012). Comorbid anxiety in bipolar spectrum disorders: A neglected research and treatment issue? *Journal of Affective Disorders*, 137, 161-164.
- Putnins, S. I., Griffin, M. L., Fitzmaurice, G. M., Dood, D. R. y Weiss, R. D. (2012). Poor sleep at baseline predicts worse mood outcomes in patients with

- co-occurring bipolar disorder and substance dependence. *Journal of Clinical Psychiatry*, 73, 703-708.
- Quilty, L. C., Watson, C., Robinson, J. J., Toneatto, T. y Bagby, R. M. (2011). The prevalence and course of pathological gambling in the mood disorders. *Journal of Gambling Studies*, 27, 191-201.
- Radloff, L. S. (1977). The CES-D Scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1, 385-401.
- Rakofsky, J. J. y Dunlop, B. W. (2013). Do alcohol use disorders destabilize the course of bipolar disorder? *Journal of Affective Disorders*, 145, 1-10.
- Ramirez Basco, M. y Rush, J. A. (1995). *Cognitive-behavioral therapy for bipolar disorders*. Nueva York, NY: Guilford Press.
- Ramirez Basco, M. y Rush, J. A. (2005). *Cognitive-behavioral therapy for bipolar disorders (2nd. ed.)*. Nueva York, NY: Guilford Press.
- Ramirez Basco, M. y Celis-de-Hoyos, E. E. (2012). Biopsychosocial model of hypersexuality in adolescent girls with bipolar disorder: Strategies for intervention. *Journal of Child and Adolescent Psychiatric Nursing*, 25, 42-50.
- Ramírez-Basco, M. y Thase, M.E. (1997). Tratamiento cognitivo-conductual de los trastornos bipolares. En V.E. Caballo (Ed.), *Manual para el tratamiento cognitivo-conductual de los trastornos psicológicos. Vol. I. Trastornos por ansiedad, sexuales, afectivos y psicóticos* (pp. 575-607). Madrid: Siglo XXI.
- Rasgon, N., Bauer, M., Glenn, T., Elman, S. y Whybrow, P.C. (2003). Menstrual cycle related mood changes in women with bipolar disorder. *Bipolar Disorders*, 5, 48-52.
- Regeer, E. J., ten Have, M., Rosso, M. L., Hakkaart-van Roijen, L., Volleberg, W., Nolen, W. A. (2004). Prevalence of bipolar disorder in the general population: A reappraisal study of the Netherlands Mental Health Survey and incidence study. *Acta Psychiatrica Scandinavica*, 110, 374-382.
- Reiser, R., Reddy, S., Parkins, M. M., Thompson, L. W. y Gallagher-Thompson, D. (2011). Psychosocial treatment of bipolar disorders in older adults. En K. H. Sorocco y S. Lauderdale (Eds.), *Cognitive behavior therapy with older adults. Innovations across care settings* (pp. 65-93). Nueva York, NY: Springer.
- Reiser, R., Truong, D., Nguyen, T., Marquett, R., Feit, A. y Wachsmuth, W. (2007). Bipolar disorder and older adults. En D. Gallagher-Thompson, A. Steffen, S. Eperstein y L. W. Thompson (Eds.), *Handbook of cognitive behavioral therapy for the elderly* (pp. 249-263). Nueva York, NY: Springer.
- Rivas-Vazquez, R. A., Johnson, S. L., Rey, G. J., Bais, M. A. y Rivas-Vazquez, A. (2002). Current treatment for bipolar disorder: A review and update for psychologist. *Professional Psychology: Research and Practice*, 33, 212-223.
- Rizkallah, E., Belanger, M., Stavro, K., Dussault, M., Pampoulova, T., Chiasson, J-P. y Potvin, S. (2011). Could the use of energy drinks induce manic or de-

- pressive relapse among abstinent substance use disorder patients with comorbid bipolar spectrum disorder? *Bipolar Disorders*, 13, 578-580.
- Robbins, B. D., Higgins, M., Fischer, M. y Over, K. (2011). Conflicts of interest in research on antipsychotic treatment of pediatric bipolar disorder, temper dysregulation disorder, and attenuated psychotic symptoms syndrome: Exploring the unholy alliance between big pharma and psychiatry. *Journal of Psychological Issues in Organizational Culture*, 1, 32- 49.
- Robles, J. I., Acinas, M. I. y Pérez-Iñigo, J. L. (2013). *Estrategias de intervención psicológica en la conducta suicida*. Madrid: Síntesis.
- Rodríguez-Martos, A., Navarro, R., Vecino, C. y Pérez, R. (1986). Validación de los cuestionarios KFA (CBA) y CAGE para diagnóstico del alcoholismo. *Drogalcohol*, 11, 132-139.
- Rojas, E. (2008). *Adios depresión*. Madrid: Temas de Hoy
- Rowe, L. S. y Morris, A. M. (2012). Patient and partner correlates of couple relationship functioning in bipolar disorder. *Journal of Family Psychology*, 26, 328-337.
- Ruggero, C. J., Zimmerman, M., Chelminski, I. y Young, D. (2010). Borderline personality disorder and the misdiagnosis of bipolar disorder. *Journal of Psychiatric Research*, 44, 405-408.
- San, L. y Torréns, M. (1994). Instrumentos diagnósticos en alcoholismo. En M. Casas, M., Gutiérrez y L. San (Eds.), *Psicopatología y alcoholismo* (pp. 177-207). Barcelona: Ediciones en Neurociencias.
- Sanz, J. (2013). 50 años de los inventarios de depresión de Beck: Consejos para la utilización de la adaptación española del BDI-II en la práctica clínica. *Papeles del Psicólogo*, 34, 161-168.
- Saunders, J., Aasland, O., Babor, T., De la Fuente, J. y Grant, M. (1993). Development of the AUDIT: WHO collaborative project on early detection of persons with harmful alcohol consumption-II. *Addiction*, 88, 791-804.
- Schaffer, A., Cairney, J., Cheung, A., Veldhuizen, S. y Levitt, A. (2006). Community survey of bipolar disorder in Canada: Lifetime prevalence and illness characteristics. *Canadian Journal of Psychiatry*, 51, 9-16.
- Schnock, C. D., Miklowitz, D. J., Miyahara, S., Araga, M., Wisniewski, S., Gyuvali, L., ... Sachs, G. S. (2008). The prospective course of rapid-cycling bipolar disorder; Findings from the STEP-BD. *American Journal of Psychiatry*, 165, 370-377.
- Schottle, D., Huber, C. G., Bock, T. y Meyer, T. D. (2011). Psychotherapy for bipolar disorder: A review of the most recent studies. *Current Opinion in Psychiatry*, 24, 549-555.
- Scott, J., Paykel, E., Morris, R., Bentall, R., Kinderman, P. y Johnson, T. (2006). Cognitive-behavioural therapy for severe and recurrent bipolar disorders. Randomized controlled trial. *British Journal of Psychiatry*, 188, 313-320.

- Sevillá, J. y Pastor, C. (2009). *Terapia cognitivo-conductual para el trastorno bipolar*. Valencia: Publicaciones del Centro de Teraia de Conducta.
- Sharma, V. y Pope, C. J. (2012). Pregnancy and bipolar disorder: A systematic review. *Journal of Clinical Psychiatry*, 73, 1447-1455.
- Simon, N. M., Otto, N. W., Wisniewski, S. R., Fossey, M., Saqduyu, K., Frank, E., ... Pollach, M. H. (2004). Anxiety disorder comorbidity in bipolar disorder patients: Data from the first 500 participants in the Systematic Treatment Enhancement Program for Bipolar Disorder (SEPT-BD). *American Journal of Psychiatry*, 161, 2222-2229.
- Sinha, R. (2008). Chronic stress, drug use, and vulnerability to addiction. *Annals of the New York Academy of Sciences*, 1141, 105-130.
- Spencer, J. H., Glick, I. D., Haas, G. L., Clarkin, J. F., Lewis, A. B., Peyser, J., ... Lestelle, V. (1988). A randomized controlled trial of inpatient family intervention. III. Effects at 6-month and 18-month follow-ups. *American Journal of Psychiatry*, 145, 1115-1121.
- Strakowski, S. M. y DelBello, M. P. (2000). The co-occurrence of bipolar and substance use disorders. *Clinical Psychology Review*, 20, 191-206.
- Swann, A. C., Lijffijt, M., Lane, J. E., Steinberg, F. y Moeller, G. (2013). Antisocial personality disorder and borderline symptoms are differentially related to impulsivity and course of illness in bipolar disorder. *Journal of Affective Disorders*, 148, 384-390.
- Sylvia, L. G., Dupuy, J. M., Ostacher, M. J., Cowperthwait, C. M., Hay, A. C., Sachs, G., ... Perlis, R. H. (2012). Sleep disturbance in euthymic bipolar patients. *Journal of Psychopharmacology*, 26, 1108-1112.
- Spielberger, C. D., Gorsuch, R. L. y Luchene, R. E. (1971). *Cuestionario de ansiedad estado-rasgo. Manual de la adaptación española*, 4<sup>a</sup> edición revisada. Madrid: TEA Ediciones.
- Studd, J. (2012). Severe premenstrual syndrome and bipolar disorder: A tragic confusion. *Menopause International*, 18, 82-86.
- Studd, J. y Nappi, R. (2012). Reproductive depression. *Gynecology and Endocrinology*, 28, 42-45.
- Szadócky, E., Papp, Z., Vitrai, J., Rihmer, Z. y Furedi, J. (1998). The prevalence of major depressive and bipolar disorders in Hungary: Results from a national epidemiologic survey. *Journal of Affective Disorders*, 50, 153-162.
- Tan, W. C., Lo, C., Jong, A., Xing, L., Fitzgerald, M. J., Vollmer, W. M., Buist, S. A., ... BOLD Research Group (2009). Marijuana and chronic obstructive lung disease: A population-based study. *CMAJ*, 180, 814-820.
- Tohen, M., Wateraux, C. M. y Tsuang, M. T. (1990). Outcome in mania: A 4-year prospective follow-up of 75 patients utilizing survival analysis. *Archives of General Psychiatry*, 47, 1106-1111.
- Tozzi, F., Manchia, M., Galwey, N. W., Severino, G., Del Zompo, M., Day, R., ... Muglia, P. (2011). Admixture analysis of age at onset in bipolar disorder. *Psychiatry Research*, 185, 27-32.

- U. S. Department of Health and Human Services (2009). *Bipolar disorder*. Washington, DC: Autor.
- VA/DOD (2010). *Management of bipolar disorder in adults. VA/DOD Evidence Based Practice*. Washington, DC: The Department of Veterans Affairs (VA) and The Department of Defense (DoD).
- Van Meter, A. R., Youngstrom, E. A. y Finding, R. L. (2012). Cyclothymic disorder: A critical review. *Clinical Psychology Review*, 32, 229-2443.
- Vázquez, C. y Jiménez, F. (2003). Depresión y manía. En A. Balbuena, G. E. Berrios y P. Fernández de Larrinoa (Eds.), *Medición clínica en psiquiatría y psicología* (pp. 255-308). Barcelona: Masson.
- Weisberger, A. H., Vescicchio, J. C., Sacco, K. A., Creeden, C. L., Chengappa, K. N. R. y George, T. P. (2008). A preliminary study of sustained-release bupropion for smoking cessation in bipolar disorder. *Journal of Clinical Psychopharmacology*, 28, 584-587.
- Weiss, R. D. y Connery, H. S. (2011). *Integrated group therapy for bipolar disorder and substance abuse*. Nueva York, NY: Guildford Press.
- Weiss, R. D., Kolodziej, M. E., Najavits, L. M., Greenfield, S. F. y Fucito, L. M. (2000). Utilization of psychosocial treatments by patients diagnosed with bipolar disorder and substance dependence. *American Journal of Addictions*, 9, 314-320.
- Weiss, R. D., Najavits, L. M. y Greenfield, S. F. (1999). A relapse prevention group for patients with bipolar and substance use disorders. *Journal of Substance Abuse Treatment*, 16, 47-54.
- Wilamowska, Z. A., Thompson-Hoollands, J., Fairholme, C. P., Ellard, K. K., Farchione, T. J., y Barlow, D. H. (2010). Conceptual background, development, and preliminary data from the unified protocol for transdiagnostic treatment of emotional disorders. *Depression and Anxiety*, 27, 882-890.
- Wildes, J. E., Marcus, M. D. y Fagiolini, A. (2008). Prevalence and correlates of eating disorder co-morbidity in patients with bipolar disorder. *Psychiatry Research*, 161, 51-58.
- Wu, J. C. y Bunney, W. W. (1990). The biological basis of an antidepressant response to sleep deprivation and relapse: Review and hypothesis. *American Journal of Psychiatry*, 147, 14-21.
- Yoon, J-H., Kimn, J-H., Choi, S. S., Lyu, M. K., Kwon, J-H., Jang, Y-I. y Park, G-T. (2012). Homicide and bipolar I disorder: A 22-year study. *Forensic Science International*, 217, 113-118.
- Young, R. C., Biggs, J. T., Ziegler, V. E. y Meyer, D. (1978) A rating scale for mania: Reliability, validity and sensitivity. *British Journal of Psychiatry*, 133, 429-435.
- Youngstrom, E. (2009). Definitional issues in bipolar disorder across the life cycle. *Clinical Psychology: Science and Practice*, 16, 140-160.

- Zigmond, A. S. y Snaith, R. P. (1983). The Hospital Anxiety and Depression Scale. *Acta Psychiatrica Scandinavica*, 67, 361-370.
- Zito, J. M., Safer, D. J., DosReis, S., Gardner, J. F., Magder, L., Soeken, K., ... Riddle, M.A. (2003). Psychotropic practice patterns for youth: A 10-year perspective. *Archives of Pediatric and Adolescent Medicine*, 157, 17-25.